# 0 Class School High Coronado

LOGAN LUCAS

NIAA STATE

## **Logan Lucas**

"Keep your face always toward the sunshine, and shadows will fall behind you." Walt Whitman was on to something, and so is Logan Lucas of Coronado High School. The infectiously optimistic high school senior and 89074 resident believes in the power of a smile, and the ability of a positive attitude to carry her through any situation. Active in school, sports and the community, Logan has a way of turning every obstacle into an opportunity, and every perceived failure into a catalyst to try harder. Her clear vision of what's important in life, matched with her talent and ambition, put Logan - A Step Above.

### G.P.A.: 4.6

#### Sports/Clubs/Community Service

- Varsity Cross Country, 2010-Present; Co-captain, 2013
- Junior Varsity Soccer, 2010-2012
- Las Vegas Track Club, 2010-Present
- Environmental Club, 2010-Present
- Student Council, 2013-Present; Secretary, 2013-2014
- National Charity League, 2007-Present
- National Honor Society, 2012-Present
- Ironman Volunteer, 2012-2013
- PB & J-a-thon Participant
- Camp Mend-a-Heart Volunteer
- Hope Link Volunteer
- Boys & Girls Club Volunteer
- Children's Heart Foundation Volunteer
- My Very Own Dreams Volunteer

### Scholarships/Awards

- Scholar Athlete, 2010-Present
- Cross Country Team Awards: All-Region First Team, 2012-2013; All-Division First Team, 2012-2013; State Champion Team, 2012; All-Division Second Team, 2010-2011
- Cross Country Individual Awards: Top New Runner, 2010; Outstanding in Class, 2011-2013
- Track & Field Team Awards: 4x800 Relay Team Region Champions, 2011-2013; 4x800 Relay Team State Champions, 2013;
- Track & Field Individual Awards: State Qualifier, 2012-2013; Outstanding Distance Athlete, 2011-2012; Distance Sportsmanship Award, 2013

You take on your life and future with a very positive attitude: "In ten years I see myself doing what I love and interacting with people in a career dealing with Public Relations. No matter where life takes me, I think it is important to laugh and always have a smile."

Your outlook on hard work came from your parents? "I have been successful because both of my parents have shown me how important it is to work hard and be determined. They taught me to shoot for the moon, and even if I missed I would land upon the stars. I know now, because of them, to never give up. Failure is not the worst thing that could happen but failure to give your best is."

What is a favorite quote that you live by? "Today is the day, this is the team, and no one can beat us." This is the quote my team and I would say before each race on the starting line. It got us motivated and pushed us to run as fast and as hard as we could. Each race we ran for each other and became more like sisters than teammates." •